

IGNOU MA Psychology Syllabus (MAPC)

IGNOU MAPC First Year Syllabus

Course Code	Course Title	Credits
MPC 1	Cognitive Psychology, Learning and Memory	04
MPC 2	Life Span Psychology	04
MPC 3	Personality: Theories and Assessment	04
MPC 4	Advanced Social Psychology	04
MPC 5	Research Methods in Psychology	04
MPC 6	Statistics in Psychology	04
MPCL 7	Practicum in Experimental Psychology & Psychological Testing	08

MPC 1 : Cognitive Psychology, Learning and Memory – 4 credits

Block 1 Information Processing

Unit 1 Cognitive Psychology

Unit 2 Information Processing in Learning and Memory

Unit 3 Neuropsychological Basis of Learning and Memory

Unit 4 Models of Information Processing (All the Models)

Block 2 Intelligence and Creativity

Unit 1 Theories of Intelligence (G and S Factor and the Model of JP Das)

Unit 2 Theories of Multiple Intelligence (Guilford, Gardner and Steinberg)

Unit 3 Measurement of Intelligence

Unit 4 Creativity and Problem Solving

Block 3 Language

Unit 1 Language Acquisition (Cognitive Theory)

Unit 2 Language Processing (Comprehension and Language Expression)

Unit 3 Multilingualism and Cognition

Unit 4 Language and Speech Disorders

Block 4 Problem Solving

Unit 1 Nature of Problem Solving and Processes

Unit 2 Stages and Strategies of Problem Solving

Unit 3 Theoretical Approaches to Problem Solving

Unit 4 Impediments in Problem Solving

MPC 2 : Lifespan Psychology

Block 1 Prenatal, Infancy and Early Childhood

Unit 1 Concept of Development, Growth and Development, Life Span Perspective, Methods of Studying Development and Characteristics of Development

Unit 2 Prenatal Development (Genetics, Environment Influence and Hazards of Development)

Unit 3 Development During Infancy (Physical, Psychosocial, Cognitive and Linguistic)

Unit 4 Early Childhood (Physical, Psychosocial, Cognitive and Linguistic)

Block 2 Development During Early School Years (6-11)

Unit 1 Physical Development

Unit 2 Cognitive, Social, Emotional and Moral Development

Unit 3 Schooling and Development

Unit 4 Identification of Problems in School Children and Remedial Measures

Block 3 Development During Adolescence

Unit 1 Physical Changes

Unit 2 Cognitive Changes

Unit 3 Identity, Self Concept, Self Esteem, Peer Group Relationship

Unit 4 Challenges and Issues in Adolescent Development

Block 4 Adulthood and Aging

Unit 1 Physical Changes (Early Adulthood Middle Age, Old Age)

Unit 2 Cognitive Changes (Early Adulthood Middle Age, Old Age)

Unit 3 Psycho-social Changes (Early Adulthood Middle Age, Old Age)

Unit 4 Challenges and Issues in Aging Process

MPC 3 : Personality: Theories and Assessment

Block 1 Personality : Theories and Assessment

Unit 1 Definition and Concept of Personality and Personality Development

Unit 2 State/Trait Approaches to Personality

Unit 3 Assessment of Personality

Unit 4 Key Issues in Personality

Block 2 Theories of Personality I

Unit 1 Psychodynamic Theory (Including Horney and Sullivan)

Unit 2 Social Cognitive Theory of Personality (Bandura)

Unit 3 Learning Theory of Personality (Pavlov and Skinner)

Unit 4 Humanistic and Self Theory (Maslow, Rogers)

Block 3 Theories of Personality II

Unit 1 Allport

Unit 2 Cattell

Unit 3 Eysenck

Unit 4 The Big 5 Factor Model

Block 4 Assessment of Personality

Unit 1 Introduction to Assessment and Testing

Unit 2 Approaches to Personality Assessment (Self Report, Problems of Response in Projective and Behavioural Assessment)

Unit 3 Behavioural Assessment

Unit 4 Other Measures of Personality

MPC 4 : Advanced Social Psychology

Block 1 Introduction to Social Psychology

Unit 1 Nature and Concept of Social Psychology and Social Psychology Related to other Disciplines

Unit 2 Social Cognition (Attribution Theory)

Unit 3 Methods of Social Psychology (Observation, Ethnography, Correlational, Experimental Social Psychology)

Unit 4 Current Trend in Social Psychology and Ethical Issues

Block 2 Process of Social Influence

Unit 1 The Concept of Social Influence

Unit 2 Pro Social Behaviour and Factors Contributing to Prosocial Behaviour

Unit 3 Inter-Personal Attraction

Unit 4 Aggression and Violence

Block 3 Attitude, Stereotypes, Prejudice and Discrimination

Unit 1 Introduction to Attitude and Stereotypes

Unit 2 Formation of Attitude and Attitude Change

Unit 3 Prejudice and Discrimination

Unit 4 Social Conflicts and Resolution

Block 4 Group Dynamics

Unit 1 Introduction to Group, Formation, Types of Group

Unit 2 Group Dynamic

Unit 3 Social Identity, Crowding and Crowd Behaviour

Unit 4 Cooperation, Competition and Conflicts

MPC 5 : Research Methods

Block 1 Introduction to Research Methods in Psychology

Unit 1 Basic Process/Concept in Research

Unit 2 Reliability and Validity (External and Internal)

Unit 3 Variables and Constructs

Unit 4 Hypothesis Formulation and Sampling

Block 2 Types of Research

Unit 1 Survey Research

Unit 2 Ex-post Facto Research

Unit 3 Experimental Research (including Field Experiment)

Unit 4 Case Study

Block 3 Research Design

Unit 1 Experimental Design: Single Factor

Unit 2 Experimental Design: Factorial Design

Unit 3 Quasi Experimental Design

Unit 4 Other Designs (Correlational Design and Comparative Design)

Block 4 Qualitative Research in Psychology

Unit 1 Introduction Including Ethnography

Unit 2 Grounded Theory

Unit 3 Discourse Analysis (Content Narrative)

Unit 4 Reporting and Evaluating Quality Research

MPC 6 : Statistics in Psychology

Block 1 Introduction to Statistics

Unit 1 Parametric and Nonparametric Statistics

Unit 2 Descriptive and Inferential Statistics

Unit 3 Type I and Type II Errors

Unit 4 Setting Up The Level of Significance

Block 2 Correlation and Regression

Unit 1 Product Moment Coefficient of Correlation

Unit 2 Other Types of Correlation (including Phi-coefficient)

Unit 3 Partial and Multiple Correlation

Unit 4 Bivariate and Multiple Regression

Block 3 Normal Distribution

Unit 1 Characteristics of Normal Distribution

Unit 2 Significance of Mean Differences, Standard Error of the Mean

Unit 3 Anova (One-Way)

Unit 4 Two-Way Anova

Block 4 Nonparametric Statistics

Unit 1 Rationale

Unit 2 Mann Whitney 'U' Test For Two Sample Test

Unit 3 Kruskal Wallis Analysis of Variance

Unit 4 Chi Square and Kendall Rank Correlation

MPCL 7 : Practicum in Experimental Psychology and Psychological Testing

Practical 1 : Span of Attention

Practical 2 : Memory Experiments

Practical 3 : Intelligence Testing (Bhatia Battery)

Practical 4 : Personality Testing (16 PF)

Practical 5 : Test For Social Behaviour (Vineland Social Maturity Scale)

Practical 6 : Sociometry

Practical 7 : Family Pathology Scale

Practical 8 : Problem Behaviour Checklist (PBCL)

IGNOU MAPC Second Year Syllabus

Group A: Clinical Psychology

Course Code	Course Title	Credits
MPCE 11	Psychopathology	04
MPCE 12	Psycho diagnostics	04
MPCE 13	Psycho therapeutic methods	04
MPCE 14	Practicum in Clinical Psychology	06
MPCE 15	Internship	08
MPCE 16/46	Project/Applied Positive Psychology**	06

MPCE 11 : Psychopathology

Block 1 Foundations of Psychopathology

Unit 1 A Brief History of Psychopathology

Unit 2 Classification of Psychopathology DSM IV TR

Unit 3 Developmental Pathogenesis

Unit 4 Childhood Mental Disorder

Block 2 Generalised Anxiety Disorder and Other Mild Mental Disorders

Unit 1 Anxiety Disorders, Panic Disorder and Phobias

Unit 2 Generalised Anxiety Disorder and Obsessive Compulsive Disorder

Unit 3 Post-traumatic Stress Disorder (PTSD)

Unit 4 Somatoform Disorder and Dissociative Disorder

Block 3 Mood Disorders

Unit 1 Mild, Moderate and Major Depressive Disorder

Unit 2 Bipolar Disorder

Unit 3 Other Mood Disorders: Mood Disorder Due to General Medical Condition

Unit 4 Substance Induced Mood Disorder

Block 4 Schizophrenia and Other Psychotic Disorders

Unit 1 Schizophrenia: Etiology, Neurocognitive Functioning and Interpersonal Aspects

Unit 2 Paranoid and Delusional Disorders

Unit 3 Psychotic Disorder Due to General Medical Condition

Unit 4 Substance Induced Psychotic Disorders

Block 5 Personality Disorders

Unit 1 Borderline Personality Disorder

Unit 2 Narcissistic Personality Disorder

Unit 3 Dependent and Histrionic Personality Disorder

Unit 4 Schizoid and Paranoid Personality Disorder

MPCE 12 : Psychodiagnostics

Block 1 Introduction to Psychodiagnostics

Unit 1 Introduction to Psychodiagnostics, Definition, Concept and Description

Unit 2 Methods of Behavioural Assessment

Unit 3 Assessment in Clinical Psychology

Unit 4 Ethical Issues in Assessment

Block 2 Psychodiagnostics in Psychology

Unit 1 Objectives of Psychodiagnostics

Unit 2 Different Stages in Psychodiagnostics

Unit 3 Batteries of Test and Assessment Interview

Unit 4 Report Writing

Block 3 Tests of Cognitive Functions

Unit 1 Measures of Intelligence and Conceptual Thinking

Unit 2 The Measurement of Conceptual Thinking (The Binet Simon Intelligence Scale and Wechsler's Intelligence Scales)

Unit 3 Measurement of Memory and Creativity

Unit 4 Utility of Data from the Test of Cognitive Functions

Block 4 Projective Techniques in Psychodiagnostics

Unit 1 Introduction to Projective Techniques and Neuropsychological Test

Unit 2 Principles of Measurement and Projective Techniques, Current Status with Special Reference to the Rorschach Test

Unit 3 The Thematic Apperception Test, Children's Apperception Test

Unit 4 Personality Inventories

MPCE 13 : Psychotherapeutic Methods

Block 1 Psychological Treatment of Mental Disorders: Major Modalities

Unit 1 Psychoanalysis, Psychoanalytic/ Psychodynamic Therapy

Unit 2 Insight Psychotherapy, Interpersonal Psychotherapy

Unit 3 Short Term Psychotherapies

Unit 4 Methods of Child Psychotherapy

Block 2 Cognitive and Behaviour Therapies

Unit 1 Behaviour Modification Techniques

Unit 2 Cognitive Behaviour Therapies (Including Rational Emotive Therapy)

Unit 3 Solution Focussed Therapies

Unit 4. Integrative and Multimodal Therapies

Block 3 Other Therapies for Psychological Interventions

Unit 1 Roger's Client Centered Therapy

Unit 2 Family and Group Psychotherapy

Unit 3 Psychodynamic Couple Therapy

Unit 4. Psychotherapy Integration

Block 4 Psychotherapy Across Life Cycle

Unit 1 Psychotherapy with Children and Adolescents

Unit 2 Psychotherapy with Adults and Middle Aged Persons

Unit 3 Psychotherapy with Older Adults

Unit 4 Psychotherapy in Terminal Illnesses (AIDS, Cancer)

MPCE 14 : Practicum in Clinical Psychology

MPCE 15 : Internship

MPCE 16/46 : Project/Applied Positive Psychology

Group B: Counselling Psychology

Course Code	Course Title	Credits
MPCE 21	Counselling Psychology	04
MPCE 22	Assessment in Counselling and Guidance	04
MPCE 23	Interventions in Counselling	04
MPCE 24	Practicum in Counselling Psychology	06
MPCE 25	Internship	08
MPCE 26/46	Project/Applied Positive Psychology	06

MPCE 21 : Counselling Psychology

Block 1 Introduction

Unit 1 Introduction to Counselling and Characteristics of a Counsellor

Unit 2 Process of Counselling

Unit 3 Theoretical Approaches to Counselling

Unit 4 Ethics in Counselling

Block 2 Counselling: Models and Approaches

Unit 1 Psychoanalysis, Psychodynamic Psychotherapy

Unit 2 Behavioural Therapy and Cognitive Behaviour Therapy Approaches to Counselling

Unit 3 Drama and Art Therapy in Counselling

Unit 4 Other Therapies (Person Centered Counselling, Solution Focused Counselling)

Block 3 Types of Counselling

Unit 1 HIV/AIDS Counselling

Unit 2 Educational and Vocational Counselling

Unit 3 Child Protection and Child Rights Counselling

Unit 4. Addiction/Anxiety Counselling

Block 4 Counselling for Mental Disorders

Unit 1 Depression

Unit 2 Personality Disorder

Unit 3 Gender Identity Disorder

Unit 4 Eating Disorder

MPCE 22 : Assessment in Counselling and Guidance

Block 1 Introduction

Unit 1 Introduction to Assessment: Definition, Description and Differentiating between

Testing and Assessment

Unit 2 Assessment Complexities

Unit 3 The Ambience and Climate Needed for Assessment and Counseling

Unit 4 Determination of aspects to be covered in counseling

Block 2 Approaches to Assessment in Counseling

Unit 1 Interview, Case History, Testing

Unit 2 Approaches to Counselling: Psychodynamic Approach and Cognitive Approaches

Unit 3 The Person Centered Approach to Assessment and Counseling

Unit 4 The Narrative Approach to Assessment and Counseling

Block 3 Assessment in Counselling and Guidance

Unit 1 The Counselling Setting, and the Role of Counselors in Guidance and Counselling

Unit 2 Individual and Group Techniques in Counseling and Guidance

Unit 3 Counselling and Guidance for Career Planning and Decision Making

Unit 4 Multicultural Counselling and Guidance: Role of Counselors In Preventing
Illness
and Promoting Positive Health

Block 4 Organising and Planning Counselling and Guidance

Unit 1 Introduction to Developing Guidance and Counselling Programme

Unit 2 Rationale and Purpose of Guidance and Counselling Programme

Unit 3 Organising and Evaluation of Guidance and Counselling Programme

Unit 4 Methods of Evaluation

MPCE 23 : Interventions in Counselling

Block 1 Psychological Intervention: Major Modalities

Unit 1 Psychoanalysis/Psychodynamic Counselling

Unit 2 Insight and Short Term Counselling

Unit 3 Interpersonal Counselling

Unit 4 Counselling Children

Block 2 Cognitive Behavioural Counselling

Unit 1 Introduction to Behaviour Modification and Cognitive Approach in Counselling

Unit 2 Application of Cognitive Therapies in Counselling

Unit 3 Cognitive Behaviour Modification (Stress Inoculation, Self-instructional,
Selfmanagement, Problem Solving)

Unit 4 Solution Focussed Counselling and Integrative Counselling

Block 3 Other Counselling Interventions

Unit 1 Roger's Client Centered Counselling

Unit 2 Psychodynamic Couple's Counselling

Unit 3 Family and Group Counselling

Unit 4 Eclectic Counselling

Block 4 Counselling: Future Directions

Unit 1 Teaching and Training for Counselling

Unit 2 Current Status of Counselling with Special Reference to India

Unit 3 Future Direction

Unit 4 Research Findings

MPCE 24 : Practicum in Counselling Psychology

MPCE 25 : Internship

MPCE 26/46 : Project/Applied Positive Psychology

Group C: Industrial and Organizational Psychology

Course Code	Course Title	Credits
MPCE 31	Organisational Behaviour	04
MPCE 32	Human Resource Development	04
MPCE 33	Organisational Development	04
MPCE 34	Practicum in Industrial and Organisational Psychology	06
MPCE 35	Internship	08
MPCE 36/46	Project/Applied Positive Psychology**	06

MPCE 31 : Organisational Behaviour

Block 1 Organisational Psychology

Unit 1 Introduction to Organisational Psychology

Unit 2 Organisational Behaviour, Definition and Importance

Unit 3 Fundamental Concepts of Organisational Behaviour

Unit 4 Different Models of OB. (Autocratic, Custodial, Supportive, Collegial, etc.)

Block 2 Personality and Attitudes in OB

Unit 1 Job Satisfaction

Unit 2 Work Motivation

Unit 3 Content Theory, Process Theory and Schedule of Reinforcement

Unit 4 Organisational Commitment

Block 3 Leadership and Team Building

Unit 1 Definition of Leadership and Importance of Team Building

Unit 2 Change Management

Unit 3 Team Management

Unit 4 Resolving Conflicts

Block 4 Learning Process and Motivation in Organisational Behaviour

Unit 1 Principles and Process of Learning

Unit 2 Behavioural Management

Unit 3 Motivation in Organisation

Unit 4 The Process of Motivation for Higher Moral and Productivity

MPCE 32 : Human Resource Development

Block 1 Human Resource Planning

Unit 1 Assessment of Human Resource in Organisation and Human resource

Planning

Unit 2 Human Resource Management

Unit 3 People Dimension in Human Resource Management and Short Term Human Resource Planning

Unit 4 Short-term Programmes in HR and Evaluation

Block 2 Steps in HRM (Human Resource Management)

Unit 1 Introduction to HRM, Planning and Management

Unit 2 Training and Development

Unit 3 Workforce Diversity and Multicultural Factors

Unit 4 Globalisation and Changing Economy and their Effects on HRM

Block 3 Human Resource Laws

Unit 1 Intellectual Property Rights

Unit 2 Labour Laws (Indian and International)

Unit 3 Laws Related to Workplace Violence and Harassment

Unit 4 Laws Related to Human Rights Violation

Block 4 Importance of HR Planning

Unit 1 Goals and Objectives of Human Resource Planning, Corporate Social Responsibility

Unit 2 Business Strategy and Operational Strategies (Technology and Innovation in HR)

Unit 3 Retention of Qualified and Technical Personnel (Competency Mapping and Performance Appraisal)

Unit 4 Planning Investment in Development (Including Corporate Counselling)

MPCE 33 : Organisational Development

Block 1 Introduction

Unit 1 Definition and Introduction to Organisational Development

Unit 2 Foundations of Organisational Development

Unit 3 Conceptual Frame Work of OD

Unit 4 First Order and Second Order Change

Block 2 Assumptions, Beliefs and Values in OD

Unit 1 Participation and Empowerment

Unit 2 Teams and Teamwork

Unit 3 Parallel Learning Structures

Unit 4 A Normative Re-educative Strategy of Change

Block 3 Analysing and Managing the OD Process

Unit 1 Components of OD Process,

Unit 2 Diagnosing the System, Sub Units and Processes

Unit 3 Models for Managing Change (Including Six-box Organisational Model)

Unit 4 The Programme Evaluation Process in OD (Including Third Wave Consulting)

Block 4 OD Interventions

Unit 1 Definition, Factors to be Considered, Nature and Classification of OD Interventions.

Unit 2 Selection and Organising of Intervention Activities

Unit 3 Typology of Interventions Based on Target Groups.

Unit 4 Human Process Interventions: Individual, Group and Inter-group, Coaching, Counseling, Training, Behavioural Modeling, Mentoring, Motivating etc.

MPCE 34 : Practicum in Industrial and Organisational Psychology

MPCE 35 : Internship

MPCE 36/46 : Project/ Applied Positive Psychology

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